

If life's challenges are affecting your family, we can help.

When you have a healthy home and family life, it's much easier to navigate life's many challenges and transitions.

Advocate Aurora Student and Family Assistance Program (SFAP) is available to district families who may need help with personal or family issues. Our professional counselors can assist with:

- ❖ Relationship issues
- ❖ Parenting challenges
- ❖ Social or peer pressure
- ❖ Stress, anxiety, depression
- ❖ Substance abuse and other addictive behaviors

Advocate Aurora SFAP offers access to other specialists who can support you with:

- ❖ Elder care information and referrals
- ❖ Financial consultation
- ❖ Legal consultations
- ❖ Adoption information and referrals
- ❖ Childcare information and referrals

Any child seen through the SFAP must be seen with a parent or legal guardian. Parents or guardians must call to initiate services.

For confidential, **FREE** assistance, call
Advocate Aurora SFAP at **800-236-3231**